

PE Medium Term Plans- Hockey.

	Spring 2					
	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
LKS2	Milestone 2 objectives covered: <ul style="list-style-type: none"> Maintain possession of a ball, using locomotion skills in combination with object control. Evade an opponent. Send and receive a ball to and from a partner. Pass to team mates at appropriate times. Follow the rules of the game and play fairly. Lead others and act as a respectful team member. 					
Y3 working towards milestone 2 objectives.	Pupils learn to hold the hockey stick with their hands in the correct position. Pupils learn to dribble, keeping control of the ball.	Pupils learn to use the open stick drag to dodge and evade an opponent.	Pupils learn to pass the ball to a partner using a push pass. They learn to receive a pass by bending their knees and getting the majority of their stick on the ground.	2 v 1 situations. Pupils practice using passing to evade a static opponent. They learn when to time their pass so that it is not intercepted.	Small sided games. Pupils learn the rules and play fairly together.	Assessment through participation in small sided games.
Y4 working towards milestone 2 objectives.	Pupils learn to hold the hockey stick with their hands in the correct position. Pupils learn to dribble, keeping control of the ball. Pupils learn to maintain control whilst changing speed and direction using the open side of their stick.	Pupils learn to use the reverse stick drag to dodge and evade an opponent.	Pupils learn to pass the ball accurately to a partner using a push pass to the open stick side. They receive passes with soft hands so that the ball does not bounce away from their stick.	2 v 1 situations. Pupils learn to work together to eliminate a defender. The defender has to stay in a set zone and cannot tackle. The player with the ball must decide when to pass, or if it is better to dribble.	Small sided games. Pupils learn the rules and play fairly together. They take it in turns to captain their team.	Assessment through participation in small sided games.
UKS2	Milestone 3 objectives covered: <ul style="list-style-type: none"> Dribble a ball while changing direction and speed. Pass and receive a ball whilst moving. Pass and move quickly into space, making decisions about when and where to move. Choose and combine techniques in game situations. Work alone, or with teammates to gain points or possession. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a team. 					
Y5 working towards milestone 3 objectives.	Pupils learn to dribble, keeping control of the ball whilst changing their speed.	Pupils learn to pass and receive a ball whilst moving towards a target. They learn to pass to the open stick side of the player and get their feet round to receive the ball on their open stick side.	Pupils learn to pass and receive a ball using straight and square passes whilst moving towards a target.	Piggy in the middle in a small area. Pupils learn to pass the ball and move quickly into a space to receive it again. They will need to identify a space and time their move. Pupils work together to score by achieving a particular number of successful passes. This can be progressed to small 3v2 situations (with more attackers than defenders).	Small sided games where pupils score points by maintaining possession. Pupils learn the rules and play in a good spirit.	Assessment through small sided games.
Y6 working towards milestone 3 objectives.	Pupils learn to dribble, keeping control of the ball whilst changing speed and direction using reverse stick.	Pupils learn to pass and receive a ball whilst moving towards a target. They learn to pass to the open stick side of the player and get their feet round to receive the ball on their open stick side.	Pupils learn to pass and receive a ball using straight and square passes whilst moving towards a target.	Piggy in the middle in a small area. Pupils learn to pass the ball and move quickly into a space to receive it again. They will need to identify a space and time their move. Pupils work together to score by achieving a particular number of successful passes. This can be progressed to small 3v2 situations (with more attackers than defenders).	Small sided games where pupils score points by maintaining possession. Pupils learn the rules and play in a good spirit. They take it in turns to captain their team or umpire.	Assessment through small sided games.