

PE Medium Term Plans- Striking and fielding.

	Summer 2					
	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
KS1	Milestone 1 objectives covered: <ul style="list-style-type: none"> Use the terms 'opponent' and 'team-mate'. Lead others when appropriate. Throw underarm in a mature pattern. Strike a ball with a short-handed bat. Send an object towards a target. Use a base position. 					
Rounders SUMMER 1	Pupils learn to throw underarm towards a target with control and consistency.	Pupils learn to bowl underarm with control and accuracy. They learn to vary the speed and trajectory of their bowl.	Pupils learn to hit the ball with a rounders bat. They learn to stand sideways, use the right shaped swing and contact the ball in front of them.	Pupils are split into fielding and batting teams. They learn the roll of each base player.	Pupils learn the rules of the game. They take it in turns to lead a team by ordering batters and positioning fielders.	Assessment through game play.
Cricket SUMMER 2	Pupils learn to throw overarm towards a target with control and consistency.	Pupils learn to bowl overarm with control and accuracy.	Pupils learn to hold a cricket bat in the correct way. They learn to position their body correctly and practice hitting the ball.	Pupils learn to vary their swing in order to hit the ball towards different targets.	Pupils learn the rules of the game. They take it in turns to lead a team by ordering batters and positioning fielders.	Assessment through game play.
LKS2	Milestone 2 objectives covered: <ul style="list-style-type: none"> Throw and catch with control and accuracy using a small ball. Throw overarm for distance with increasing accuracy. Strike a ball and field with control. Cover the court as a team. Determine when to run on or stop at a base. Lead others and act as a respectful team member. 					
Rounders and cricket	Pupils consolidate their throwing and catching skills using underarm and overarm throwing. They develop their overarm throw in order to throw towards targets that are further away.	Playing rounders. Pupils operate as a team and take it in turns to lead. Skills focus: striking the ball when batting. Tactical focus: Positioning fielders in order to cover the field efficiently.	Playing rounders. Pupils operate as a team and take it in turns to lead. Skills focus: Choosing the appropriate throw to return the ball to the bowler or to a base with control and accuracy. Tactical focus: Choosing when to stay at a base and when to run on depending on the quality of the hit and the positioning of other runners.	Playing cricket. Pupils operate as a team and take it in turns to lead. Skill focus: striking the ball consistently. Tactical focus: Positioning fielders in order to cover the field effectively.	Playing cricket. Pupils operate as a team and take it in turns to lead. Skills focus: Bowling with accuracy and consistency. Tactical focus: Choosing when to run and when to stop running depending on the quality of the hit, the efficiency of the fielding team and the pace of both batters.	Assessment through participation in small games of rounders and cricket.
UKS2	Milestone 3 objectives covered: <ul style="list-style-type: none"> Throw accurately in a variety of ways. Catch a ball in a variety of positions. Field tactically by anticipating the direction of play. Decide when and if bases need to be covered. Strike a bowled ball with accuracy. Adjust backswing, step and approach relative to requirements of the shot. Uphold the spirit of fair play and respect in all situations. 					
Rounders and cricket	Throwing and catching. Pupils consolidate their underarm and overarm throwing skills, focusing on accuracy and choosing the appropriate throw for different targets depending on their distance.	Hitting. Pupils practice striking a ball using both rounders and cricket bats. They focus on using the correct techniques, and learn to adapt their technique in order to aim for different targets. They begin to choose when to block a shot and when to swing fully	Playing rounders. Pupils play fairly, following the rules of the game. The fielding team learn to choose when base players are not needed and re-position them in order to support the rest of the team.	Assessment through playing rounders.	Playing cricket. Pupils play fairly, following the rules of the game. The fielding team learns to predict where a batter might hit the ball, and they position their players in order to best cover this space.	Assessment through playing cricket.

	Pupils practice jumping to catch a high throw, catching at waist height and bending correctly to stop a rolling ball.	depending on the quality of the bowl.				
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